

## ALL-SR Coaching questions

### 10 helpful questions for coaching behavior

1. What could I do to support you?
2. What action steps have you taken on it so far?
3. What stopped you from doing more?
4. What is really the issue here?
5. What ways could you approach this issue?
6. What else could you do?
7. What intermediate steps can you identify, with their time frames?
8. When exactly are you going to start and finish the action step?
9. On a one-to-ten scale, how committed do you feel to doing what we have agreed?  
What stops it being a ten?
10. Is there anything else you want to talk about now or are we finished?